

## **Putting Workshop Overview**

**Duration:** 3 Hours

### **Overview:**

Our intensive Putting Workshop is designed to transform your putting game. This workshop is limited to a maximum of three students to ensure personalized attention and maximum improvement. The workshop will be divided into various segments focusing on key aspects of putting technique and performance assessment.

### **Assessment Using Sam PuttLab:**

The workshop will commence with a detailed assessment using Sam PuttLab, a state-of-the-art putting analysis system. Sam PuttLab measures various parameters of your putting stroke including face angle at impact, path direction, tempo, and more. This analysis provides precise feedback on your stroke mechanics, helping to pinpoint strengths and areas for improvement.

### **Additional Assessments:**

In addition to Sam PuttLab, students will undergo assessments focusing on:

- Starting the ball on line
- Long putts
- Reading the green and green reading strategies
- Other critical aspects tailored to individual needs

### **Workshop Structure:**

- **Technique Enhancement:** Based on assessment results, Karina will provide targeted drills and exercises to improve putting mechanics, consistency, and accuracy.
- **Green Reading Strategies:** Learn effective techniques for reading greens, understanding slopes, and anticipating how the ball will break.
- **Long Putt Mastery:** Strategies and drills to improve distance control and accuracy on longer putts.
- **Personalized Improvement Plan:** At the end of the workshop, each student will receive a comprehensive overview of their performance, including insights from Sam PuttLab and other assessments. This overview will outline specific areas for improvement and a customized 4-week practice plan.
- **Follow-up and Progress Monitoring:** Karina will stay in touch weekly over the next 4 weeks to track progress, offer guidance on practice routines, and address any questions or challenges students encounter.

**Takeaways:**

By the end of the workshop, participants will:

- Gain a deeper understanding of their putting stroke mechanics through advanced technology.
- Receive personalized drills and strategies to improve putting consistency and accuracy.
- Have a clear roadmap for improvement with a detailed 4-week practice plan.
- Benefit from ongoing support and guidance from Karina to ensure continuous progress and skill refinement.

This workshop is ideal for golfers committed to enhancing their putting skills and achieving measurable improvements in their game.

**Investment: \$300**