What You'll Get in This 2-Hour Clinic

1. Baseline Testing

We'll start by measuring your current driver performance:

- **Contact Analysis** using face spray or a launch monitor to check where you strike the face.
- **Swing Speed Measurement** with a launch monitor to record your initial speed.
- **TPI Power Test** to assess your ability to generate power through vertical jump, chest pass, and seated medicine ball throw.

2. Technique Assessment

We'll analyze your driver setup, swing pattern, and consistency.

Video swing analysis provides even more detailed feedback.

3. Power & Mobility Insights

You'll receive a breakdown of how you can gain power, whether through mobility, strength, or speed based on your TPI results.

We'll also teach you where real swing power comes from and how to train it.

4. Individualized Workouts

After the clinic, you'll get a custom workout plan designed to build swing power in just 20–30 minutes, three times a week.

These routines are based on your power test results and can be done with minimal equipment.

5. Personal Practice Plan

You'll receive a tailored practice plan featuring drills to improve center contact, launch conditions, and swing speed.

Investment: \$250